



# Edmond Senior Center - December 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<p>1 1 Beginning Tap*</p> <p>2:15 Jazzercise Lite*</p>	<p>2 9:15 Early Risers Exercise 10 Quilting Group 10:15 <b>Program: Meet Linda Cavanaugh</b> ♦ 1 Advanced Line Dance* 4 Yoga / Pilates*</p>	<p>3 9:15 Early Risers Exercise 12:15 Scrabble Group 2:15 Jazzercise Lite*</p>	<p>4 9:15 Early Risers Exercise 10-3 <b>1st Annual Wood Carving Show</b> ♦ 4 Yoga / Pilates*</p>	<p>5 <b>FOOTBALL FRIDAY</b> 10 Weekly Devotional ♦ 2:15 Jazzercise Lite*</p>	<p>6</p>	
7	<p>8 10 Advisory Committee Meeting 12 <b>Tapping into The Holidays!</b> ♦ 12 Beginning Keyboarding Class* (practice only) 2:15 Jazzercise Lite* 6 Card / Game Night*</p>	<p>9 9:15 Early Risers Exercise 10 Quilting Group 10:15 <b>Program: Halos, Heroes &amp; the Holidays</b> ♦ 11 General Meeting 1 Advanced Line Dance* 4 Yoga / Pilates*</p>	<p>10 9:15 Early Risers Exercise 12:15 Scrabble Group 2:15 Jazzercise Lite*</p>	<p>11 9 Blood Pressure Checks 9:15 Early Risers Exercise 12 Basic Woodcarving 4 Yoga / Pilates*</p>	<p>12 <b>FOOTBALL FRIDAY</b> 10 Weekly Devotional ♦ 12:15 Pink Elephant Bingo 2:15 Jazzercise Lite*</p>	<p>13 <b>S.A.L.T./ TRIAD Grandparents Raising Grandchildren Christmas Party</b></p>	
14	<p>15 10:30 <b>Options in Senior Housing*</b> ♦ 2:15 Jazzercise Lite*</p>	<p>16 9:15 Early Risers Exercise 9:30 <b>Day Trip: North Pole City*</b> ♦ 10 Quilting Group 1 Advanced Line Dance* 4 Yoga / Pilates</p>	<p>17 9:15 Early Risers Exercise 10 Intermediate Tap* 11 General Meeting 12:15 Scrabble Group 2:15 Jazzercise Lite*</p>	<p>18 9:15 Early Risers Exercise 10:30 <b>Lunch Out*</b> ♦ 12 Basic Woodcarving 4 Yoga / Pilates*</p>	<p>19 <b>FOOTBALL FRIDAY</b> 10 Weekly Devotional ♦ 2:15 Jazzercise Lite*</p>	<p>20</p>	
21	<p>22 1 Beginning Tap* 2:15 Jazzercise Lite* 6 Card / Game Night*</p>	<p>23 9:15 Early Risers Exercise 10 Quilting Group 1 Advanced Line Dance* 4 Yoga / Pilates*</p>	<p>24</p>  <p>25 <i>Merry Christmas</i></p> <p>Edmond Senior Center is closed</p>		<p>26 <b>FOOTBALL FRIDAY</b> 10 Weekly Devotional ♦ 2:15 Jazzercise Lite*</p>	<p>27</p>	
28	<p>29 1 Beginning Tap* 2:15 Jazzercise Lite*</p>	<p>30 9:15 Early Risers Exercise 10 Quilting Group 1 Advanced Line Dance* 4 Yoga / Pilates*</p>	<p>31 9:15 Early Risers Exercise 10 Intermediate Tap* 12:15 Scrabble Group 2:15 Jazzercise Lite*</p>	<p><b>The Senior Center is open Monday - Friday 8:00 a.m. - 4:00 p.m.</b></p>			<p><b>*Registration REQUIRED</b> ♦ See schedule for details</p> <p>Please contact the Edmond Senior Center to confirm scheduled events and activities - 216-7600</p>